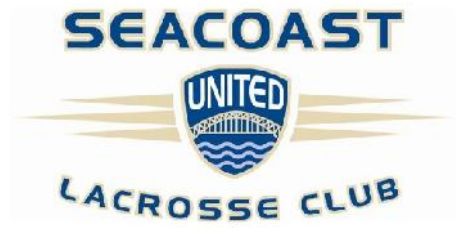


BOYS RULES AND REGULATIONS

SEACOAST UNITED NOVEMBER TOURNEY



*****Please note that some rules are Seacoast United facility rules.**

Duration of Game/Time

1. All games are 25-minutes in length.
2. The clock will run continually, during penalties or injury time.
3. No timeouts

Scoring

1. Goals are worth 1 point when the whole of the ball crosses over the whole goal line.
2. All games ending in a tie will remain tied.
3. ***If a four goal differential occurs during any game, the losing team will start with the ball at the center of the field in lieu of a face off.

Field Play

1. Tourney format is 7v7, 6 field players and a goalie
2. Two defensive poles in the 7th/8th grade and above divisions ONLY
3. Teams may field 2 players for each position
4. Teams must keep three players back on the defensive end and two players on the offensive end in order to remain onsidies
5. Substitutions are on the fly

Body Checking- Boy's Youth Divisions

Light body contact will be permitted when it is done without intent or disruption to the play in the Youth division. It will be up to the discretion of the referee.

Fouls/Player Conduct

1. Players will serve 30 seconds for any technical violation foul and 1 - 3 minutes for personal fouls. There will be expulsions for any serious unnecessary roughness or unsportsmanlike conduct fouls. Players are expected to conduct themselves within the spirit of the game.
2. ***Players will not spit on the field or playing field. The player may receive a yellow card or if deemed necessary a red card.

Players Equipment/Uniforms

1. The Referee is not responsible for procuring Uniforms or Equipment for the teams.
2. Boys equipment guidelines will follow those set forth by US Lacrosse (helmets, mouth guards, chest protector, elbow pads, gloves, goalie protector, etc.)
3. Teams are required to have matching jerseys / shirts during games.
4. All players are to wear cleats or turf shoes only in the designated playing fields.
5. No jewelry is to be worn during games
6. No gum chewing.

Referees

1. The Referee's sole authority starts and stops on the field during the duration of the match being played.
2. Referees are responsible for all activity on the field only. All other areas at the arena are under the control of Seacoast United Arena staff.
3. Referees should be aware of any special rules or circumstances related to each division they are working for.
4. The referees will administer all laws of the game according to US Lacrosse.